

PREP FOR PET/CT PATIENTS

- 1) Please let us know before your scan if you are diabetic, claustrophobic, pregnant or nursing, or if you have a port that you would like us to use so we may have a nurse available to access it.
- 2) Approximate length of time of your appointment is 3 hours.
- 3) Please wear warm comfortable clothing without metal.
- 4) Do not exercise or do any strenuous activity 24 hours prior to your exam.
- 5) Please bring the following with you on the day of the exam: prescription from your doctor, insurance cards, photo ID, any reports and/or CD's of CT's, MRI's, or PET/CT scans done at another facility.
- 6) To change or cancel an appointment, please call (516) 775-4411 by 12:00pm one business day prior to your appointment date.

Food prep:

- Non Diabetic - Do not have any food or drink 6 hours prior to the test, unless you need to take medications with some water.
- Diabetic taking tablets – Eat, take tablets, then no food or drink 4 hours prior to the test, unless you need water with other medications.
- Diabetic taking insulin – Eat, have your insulin as normal, then no food or drink for 6 hours prior to the test, unless you need water with other meds.
- Using a feeding tube – No food or drink 4 hours prior to the test.